Safe Harbor Family Crisis Center

October 2010 Newsletter



Safe Harbor will host its 17th annual *Take Back the Night Rally*. This year's event is being held at the Lake Storey Pavilion on Thursday, October 14th, beginning at 5:00 pm. The theme is "There's No Place Like a Safe Home" based on The Wizard of Oz. Survivors and community members are invited to speak out about their experiences concerning domestic violence and the impact it has had on their lives. Free food is available throughout the event. For more information, please contact Safe Harbor at 309-343-7233 or visit our website at www.safeharbordv.org . We look forward to seeing you there!



On Saturday, November 6th, Safe Harbor will hold its 6th annual Fall Fundraiser. The event will begin at 7:00 pm at the American Legion in Galesburg. Food will be catered by *The Cellar*, and live music will be provided by the band *No Reason*. There will be a raffle drawing for an *Apple iPad*. The silent auction will contain such items as plane tickets, *Callaway* golf clubs, a signed *Rams* football, *Steve Madden* gift certificate, a *Keurig* coffee pot, and *Disney World* park-

hopping tickets. Tickets can be purchased before the event at Safe Harbor located at 1188 West Main Street or at the door the night of the event. Office hours are Monday through Friday from 8:30 to 4:30 pm. We hope to see you there!

Restocking Mother Hubbard's Cupboard



Fall has arrived, and the holidays are fast approaching. For many of us, this means stocking up on warm, comforting foods. Likewise, Safe Harbor needs to restock our food pantry. Our inventory is low, but requests are increasing. Therefore, we are requesting donations in the form of canned meats (aka tuna, chicken and ham), canned dinners (spaghetti rings and ravioli), soups, creamed soups, canned sweet potatoes and canned fruits. Additional items also include: *Tuna Helper* (and other varieties), *Betty Crocker Complete Meals*, cereals (both cold and hot versions), peanut butter and jelly, crackers, *Stove Top* Stuffing, boxed potatoes, baked beans, cranberry sauce and baking mixes. We also need laundry soap, dish soap, diapers, baby wipes, baby hygiene products,

and feminine products. Thank you for your support.

Healthy Snacks for Healing Hearts



In the past, Danner's Bakery donated donuts to Safe Harbor for our Children's Support Group. Since Danner's has scaled down its business, our Children's Advocate has been trying to bring in healthier snacks for support group. However, a tight budget has made certain selections very difficult. So, Safe Harbor is requesting donations of healthy snacks for our Children's Support Group. Examples could be microwave popcorn, crackers, *Easy Mac*,

flavored rice cakes, individual applesauce (or other fruit) cups, and trail mix. Because of a lack of storage and refrigeration, we ask that items be non-perishable. Another idea could be gift certificates to Galesburg's grocery stores.

You Can Make a Difference This Christmas



Christmas proves to be a difficult time for families affected by domestic violence. Many children have had to leave their homes quickly with few or no belongings, and their parents cannot afford to buy Christmas presents. At Safe Harbor Family Crisis Center, we try to make the holidays a little brighter for families affected by domestic violence. However, we alone cannot give them the Christmas they deserve. Each year, we look to organizations and individuals in the community for support.

Beginning November 1st, there will be a special Christmas tree located in the reception area at Safe Harbor. Hanging on the tree's branches will be names of children whose lives have been uprooted as a result of domestic violence. Businesses, families, and individuals are invited to choose a name from the tree and purchase gifts for that child. Gifts can include nonviolent toys, clothes, books, gift certificates etc., and can be dropped off at Safe Harbor during regular business hours. Please help Safe Harbor deliver a Merry Christmas to all!

If you have any questions, please call us at 309-343-7233 or visit our website at www.safeharbordv.org. Our business hours are Monday through Friday 8:30 am to 4:30 pm. Thank you for your support during the holiday season.

Mary Kay Fundraiser



Several Mary Kay consultants in Knox County have supported Safe Harbor through their time and donations. On Saturday, August 14th, Vickie Dowers and Lisa Trego continued this tradition by organizing a fundraiser during the Back-to-School Fair at the Carl Sandburg Mall.

Vickie and Lisa (seen in the photo on the left) not only wanted to raise money but also provide information of services available to victims of domestic violence.

At the end of the day, they were able to donate

proceeds from their cosmetics sales and "Kissable Lips" contest to Safe Harbor. Everyone at Safe Harbor wishes to thank Vickie and Lisa for their support.

Calling All Cell Phones

Deactivated cell phones, utilized as 9-1-1 phones, are a vital service for Safe Harbor clients. They increase safety as well as peace of mind. Upon request, they are given free-of-charge to clients.

However, our inventory fluctuates on a daily basis. Therefore, we are putting an "all-point bulletin" out for used cell phones.

Safe Harbor accepts all types of used cell phones. We do ask that, if at all possible, the chargers be included. This way they can be kept fully charged and ready to go. Moreover, we even accept broken and analog cell phones!

We do request that donated cell phones be brought into the front office during office hours of Monday to Friday 8:30 am to 4:30 pm. For all of those who donate cell phones to Safe Harbor, thank you. It is appreciated.

Purple Hanger News



Looking for great fall and winter deals? Our inventory is growing, but it does change daily, so come in and warm up with daily specials at the Purple Hanger!

If you are looking for a great pair of shoes or boots to prepare for colder weather, come in on Mondays when shoes are only \$1.00 a pair. Want to complete your fall wardrobe with a unique accessory? On Tuesdays purses are \$1.00, but don't stop there, find more treasures and receive 10% off your total

purchase. Take advantage of the Purple Hanger's version of **bo/go** Wednesday deals. Children's books and stuffed animals are buy one get one free. Need something for the house? Come by on Thursdays for 50% off household items. Whether you are looking to update your style or expand your winter wardrobe, make it a point to stop by on Fridays and Saturdays. Adult and Junior size clothing is \$1.00 an item!

If you are looking for something specific or just want to spend a pleasant time browsing, we are open Monday through Friday from 10:00am until 5:00pm and 10:00am to 2:00pm on Saturdays. We look forward to seeing you at the Purple Hanger! All proceeds directly benefit Safe Harbor, and donations given to the Purple Hanger are greatly appreciated. Thank you.

United Way's Fundraising Kickoff Event



On August 21st, Safe Harbor was part of Knox County United Way's fundraising kickoff event. It took place at the Knox County Fair Grounds.

Members of United Way were encouraged to send representatives from their agencies to staff individual booths. The goal was to offer activities to the public while promoting each agency's services. The public was able to choose from a wide array of games, activities and prizes. Food and refreshments were also offered. It was a fun and informative event.

Above: Jane, Patti, Ivy and Kathy show off Safe Harbor's booth and prizes at United Way's kickoff event.

Summer Spruce-up at Safe Harbor





Above Left & Right: Two members of the First Christian Church work to create a miracle in the reception area.

On Saturday, August 28th, several members of the First Christian Church donated their time and labor at Safe Harbor. Members washed windows, cleaned out our storage garage, repaired a picnic table, and assembled a piece of lawn furniture for our children's play area. All this was part of their church's Miracle Day Project.

Everyone at Safe Harbor wishes to thank each member for their support and gift of time. The work that they accomplished that day meant a great deal to staff and clients.

You Can Now Find Safe Harbor On The Web!



That's right! Our address is www.safeharbordv.org. We invite you to log on and take a look around the site. We are continually posting events, newsletters and pictures. Existing information is also updated on a regular basis. For quick access, you might want to consider putting it on your favorite's list so you are just a click away!